



JUMMY AKINYODE



CONTACT



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Houston TX 77022



EDUCATION

M.A. Clinical Mental Health Counseling
St. Mary's University

B.A. Psychology, *Minor: Philosophy*
University of Texas at Austin



LICENSURE

February 2014 | Texas Licensed
Professional Counselor
Texas LPC-Supervisor credential added
2019



CLINICAL EXPERIENCE

- Happy Soul Counseling and Wellness** Houston TX
CEO and Clinician October 2020 to present
 - Providing quality counseling to adults and adolescents specializing in anxiety issues
 - Holistic healing through Hypnotherapy, Mindfulness, Reiki and Breathwork
 - Corporate wellness: curating staff retreats focusing on staff wellness, teambuilding, leadership development,
 - Education Consulting: designing SEL programs, launching Counseling departments, teaching mindful educating, teaching adult SEL
- Yes Prep Thrive** Houston TX
Founding Manager of Therapeutic Programs January 2018 to 2022
 - Founding team member of the first Charter DAEP in Texas; drafted the policies for positive school culture, restorative justice, programming for school wide prevention and intervention, and counseling
 - Designed the socio-emotional department to include the launch of a school-based treatment program that provides students with 6-8hrs of therapeutic support weekly
 - Managed \$50,000 DEI/ health equity grant: budgeting, program implementation, staffing, data evaluation
 - Clinically supervised licensed clinicians; staffed cases, reviewed reports and notes, addressed crises, and completed performance evaluations
 - Conducted individual, family, and group counseling to students and their families
 - Conducted quality assessments to create intervention and support plans individualized to student needs
 - Consulted and collaborated with campus and system staff, parents/guardians, and community partners in a multi-disciplinary approach to identify and reduce barriers to student achievement and persistence.
 - Created community partnerships to link families to social service agencies
- reMIND (formally Depression Bipolar Support Alliance)** Houston TX
Contract Support Group Facilitator September 2013 to March 2020
 - Facilitated peer support groups for adolescents and adults with depression and bipolar disorders
- Bo's Place** Houston TX
Contract Adult Support Group Coordinator July 2018 to July 2019
 - Managed the volunteer facilitators of the adult evening groups; supported the volunteers with processing sessions post group and reviewed grief group curriculum pre group.
 - Responsible for the application and registration process for all potential adult group participants including reviewing all intake forms and referral linking to community health professionals
 - Conducted check in calls and risk assessments with 40+ participants



SPECIALIZED TRAINING

Certified Hypnotherapist, Breathwork practitioner, Reiki practitioner, Motivational Interviewing



AFFILIATIONS

2022-2023 | Good Reason Houston-
'Good Reason to Lead Fellow'



CLINICAL EXPERIENCE

- Harris County Juvenile Probation** Houston TX
Field Therapist/Practicum Coordinator September 2013 to January 2018
 - Provided individual, family, and group counseling to adolescents and their families
 - Clinically supervised graduate students in their Master's level internship; staffed cases, reviewed reports and notes, addressed crises, and completed performance evaluations
 - Coordinated trainings and service delivery schedules
 - Developed the manual for Interpersonal and Emotional Coping Skills psychoeducational group counseling and trained interns on the curriculum
 - Conducted psychosocial and brief triage assessments
 - Key speaker at monthly Parent Preparedness workshop for parents whose children will be re-entering community after being in residential placement
 - Built relationships with social service agencies to link families with community resources
- New Dimensions Day Hospital** Houston TX
Adolescent Therapist April 2012 to September 2013
 - Counseled adolescents and families in intensive outpatient and partial hospitalization program; provided individual, group and multifamily group counseling
 - Conducted psychological and psychosocial assessments, and formulated diagnoses for admission criteria
 - Drafted treatment plans to treat issues ranging from Substance Abuse to Schizoaffective Disorder
 - Provided crisis intervention and made referrals to inpatient hospitals and residential treatment centers
 - Consulted with insurance company caseworkers to obtain authorization for service
 - Participated in weekly medication staffing with psychiatrist, clinical director and patients